



Lyman Parks and Rec

Swim Lessons - Sanford Springvale YMCA

Swim Registration starts on Monday February 17th

**Lyman Residents Only
(Bring proof of residence when registering)**

**Start Week of March 3rd through April 19th
Lesson times that are offered, pick the time that works best
Lesson Cost \$50**

Parent Child class 6 months – 3 years old

Monday 5:00-5:30pm
Tuesday 10:00-10:30 am
Wednesday 5:00 – 5:30 pm

Ages 3 – 13 Level 1 & 2 & 3

Monday 5:40- 6:10 pm
Monday 6:20 – 6:50 pm
Wednesday 5:40 – 6:10 pm
Wednesday 6:20 – 6:50 pm
Saturday 10:00 – 10:30 am
Saturday 10:35 – 11:05 am

Ages 3-13 Level 3

Monday 5:00 – 5:30pm
Wednesday 5:00 – 5:30pm
Saturday 10:35 – 11:05

Ages 6- 13 Level 4 & 5

Monday 5:00- 5:30pm
Wednesday 5:00 – 5:30 pm
Saturday 11:10 – 11:40 am

Please email parksandrec@lyman-me.gov for application, once you have the application you will drop it off with payment to:

**Sanford Springvale YMCA
1 Emile Levasseur Drive, Sanford, Maine**