



**Lyman Parks and Rec**

**Swim Lessons - Sanford Springvale YMCA**

**Summer Swim Registration has started**

**Lyman Residents Only**

**(Bring proof of residence when registering)**

**Start Week of June 17th through August 3rd**

**Lesson times that are offered, pick the time that works best**

**Lesson Cost \$50**

**Parent Child class 6 months – 3 years old**

Monday 5:00-5:30pm

Tuesday 10:00-10:30 am

Wednesday 5:00 – 5:30 pm

Thursday 10:00-10:30

**Ages 3-13 Level 1 & 2**

Tuesday 10:35 -11:05 am

**Ages 3 – 13 Level 1 & 2 & 3**

Monday 5:40- 6:10 pm

Monday 6:20 – 6:50 pm

Wednesday 5:40 – 6:10 pm

Wednesday 6:20 – 6:50 pm

**Ages 3-13 Level 3**

Monday 5:00 – 5:30pm

Wednesday 5:00 – 5:30pm

**Ages 6- 13 Level 4,5, & 6**

Monday 5:00- 5:30pm

Wednesday 5:00 – 5:30 pm

Please email [parksandrec@lyman-me.gov](mailto:parksandrec@lyman-me.gov) for application, once you have the application you will drop it off with payment to:

**Sanford Springvale YMCA**

**1 Emile Levasseur Drive, Sanford, Maine**