



Lyman Parks and Rec

Swim Lessons - Sanford Springvale YMCA

Registration Starts Monday February 12th

Lyman Residents Only

(Bring proof of residence when registering)

Start Week of February 26th for 7 weeks.

Lesson times that are offered, pick the time that works best

Lesson Cost \$50

Parent Child class 6 months – 3 years old

Monday 5:00-5:30pm

Tuesday 10:00-10:30 am

Wednesday 5:00 – 5:30 pm

Ages 3-13 Level 1 & 2

Tuesday 10:35 -11:05 am

Ages 3 – 13 Level 1 & 2 & 3

Monday 5:40- 6:10 pm

Monday 6:20 – 6:50 pm

Wednesday 5:40 – 6:10 pm

Wednesday 6:20 – 6:50 pm

Ages 3-13 Level 3

Monday 5:00 – 5:30pm

Wednesday 5:00 – 5:30pm

Ages 6- 13 Level 4,5, & 6

Monday 5:00- 5:30pm

Wednesday 5:00 – 5:30 pm

Please email parksandrec@lyman-me.gov for application, once you have the application you will drop it off with payment to:

Sanford Springvale YMCA

1 Emile Levasseur Drive, Sanford, Maine