

Lyman Parks and Rec

## Stand Up Paddle Boarding Lessons

### Kids age 10 and up and Adults

**When:** Thursday July, 1 - 5:30 pm

Thursday July 22 – 5:30 pm

Thursday August 26 - 5:30 pm

Thursday September 2 – 5:30 pm

**Where:** Kennebunk Pond Public Swim Area

Kennebunk Pond Road, Lyman

**Cost:** \$30 per person for one class

\$50 per person for both classes

Sign up for one or all

Aquaholics from Kennebunk will be bringing boards and all necessary gear needed. All you need to bring is a swimsuit and towel.

Already know how to paddle board, you can still come and participate, if you have your own board there is no cost

To register please email [parksandrec@lyman-me.gov](mailto:parksandrec@lyman-me.gov) or call Holly at 207-710-3021

Payment can be dropped off or mailed to:

Town of Lyman, Parks & Recreation, ATTN: Holly Hart  
11 South Waterboro Rd, Lyman ME 04002