

## Lyman Parks and Rec Bus Trips for Seniors

We have partnered up with neighboring recreation departments to offer great trips for ages 50+

### Strawberry Banke Living Museum

**Tuesday August 21<sup>st</sup>**

**Depart 8:45 am from Waterboro Town Hall**

**Return at 2:30 pm**

Hop aboard a luxury bus on August 21 and experience living history at Strawberry Bank Museum in Portsmouth, NH. This waterfront museum boasts eight heritage gardens, 32 historic buildings, hands on activities and traditional crafts. The restored buildings each have costumed role-players ready to share the stories of families who lived and worked in the Puddle Dock neighborhood. Pack your own lunch or dine at their Figtree Kitchen Café.

**Cost is \$42 and includes transportation and entry into the museum.**

### Cabbage Island Lobster/Clam Bake

**Tuesday, August 28<sup>th</sup>**

**Depart at 10:00 am from Waterboro Town Hall**

**Return at 6:15 pm**

Join us for an afternoon at Cabbage Island Clambakes! We will board our luxury bus and head to Boothbay Harbor. Your Clambake begins with a scenic tour of Boothbay Harbor aboard the Bennie Alice, en route to Cabbage Island in Linekin Bay, Cabbage Island has been the home of traditional clambakes since 1956, and your hosts the Moore family, cordially welcome you to experience this "Downeast" tradition! The meal is cooked with seaweed, steamed from top to bottom, covered with tarpaulins and rocks to capture all the flavor and sweetness of fresh Maine Lobsters and clams. The authentic meal includes a steaming cup of traditional New England Fish Chowder, two luscious bright red lobsters, tender white steamed clams wrapped in foil, sweet golden corn on the cob, onion and new Maine potatoes. An oven roasted half chicken is a tasty option for those who do not enjoy lobsters. For dessert, you will love their famous Blueberry Cake with hot fresh coffee or iced tea.

**Cost: \$96 per person (Hurry our July trip already sold out)**

### Lake Winnepesaukee Foliage Tour

**Tuesday, September 18<sup>th</sup>**

**Depart 9:30 am from Waterboro Town Hall**

**Return at 4:30 pm to Waterboro**

Aboard on the M/S Mount Washington for a 2 ½ hour scenic cruise on Lake Winnepesaukee. We will sail at 12:30 pm on the 230 foot from Weirs Beach. Enjoy the beautiful colors of the changing leaves while learning the history of the lake.

**Cost is \$65 and includes transportation, cruise and full buffet lunch.**

To Register please call Holly at 710-3021 or email at [lpr04002@gmail.com](mailto:lpr04002@gmail.com)